



## NATIONAL LOTTERY FUNDED

### Scotland Awards

Number of Awards:23

Total amount awarded: £6,221,069

Organisation	Local Authority	Award	Project summary
Iona Village Hall Community Trust	Argyll and Bute	£903,888	This group will build a community hub on Iona where the island's village hall is currently located. The hub will provide space for community activities and events, which will improve the health, fitness and wellbeing of local people, and also provide skills, learning and volunteering opportunities for the community.
Community Enterprise Limited	City of Edinburgh	£120,000	This group will use its two year grant to run their 'Creative Natives' programme in partnership with Edinburgh Cyrenians. This will allow young people who have left school but are unemployed, and who have a background in care or have been affected by homelessness, to participate in a range of creative activities, such as print and web design, campaigning, social media and e-commerce. The creative process will be used to improve the lives of the young people involved and help them to learn new skills.
Saheliya	City of Edinburgh	£704,649	This group will use its three year grant to deliver their 'Open Arms' project. The project will provide outreach to engage with 950 vulnerable minority ethnic women in Edinburgh who are experiencing isolation and face multiple barriers to full participation in social and civic life. This will help the women involved to address mental health issues and also develop confidence, skills and friendships, building their independence.
increased access 2 psychological support (ia2ps)	Dumfries and Galloway	£140,181	This organisation will deliver a Mindfulness Based Living/Walking Community Project (MBL/WCP) for people aged over 18 across Dumfries and Galloway, who are experiencing acute isolation and loneliness. The project will help to build participants' mental and physical resilience by developing coping skills, confidence and self-esteem in a peer support environment. This will help to improve the long-term health and wellbeing of people affected by challenges such as anxiety, low mood, depression and obesity.
Lighthouse Community Projects	East Lothian	£149,250	This group will use its five year grant to develop its community hub for people living in and around Prestonpans, East Lothian. This will allow the centre to become more community-focussed, and offer different services and initiatives for those living in the town. These activities will help the local community by promoting equality, providing access to information and advice, and supporting those most in need.

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Voluntary Action East Renfrewshire SCIO	East Renfrewshire	£400,000	This organisation will use its funding to deliver their two year 'Tomorrow's Older People Today' programme in East Renfrewshire and South Ayrshire. This programme will engage tomorrow's older people in developing the confidence and connections they want and need in order to age well. It will transform the ways communities collaborate in order to reduce social isolation and improve the quality of life for ageing populations.
Urras Coimhearsnachd Bhradhagair agus Arnoil	Eilean Siar	£750,000	This group will refurbish the former primary school in Bragar that closed in 2012 and was taken into community ownership in 2014. The refurbished centre will include a café, kitchen, community space, exhibition space and a 10 bed hostel. It will help to improve the sustainability of the local economy, tackle social isolation and loneliness particularly among older people, create employment opportunities, and encourage young people to stay in the area and reverse the trend of falling population.
Western Isles Community Care Forum	Eilean Siar	£90,000	This organisation will use its three year grant to continue to support informal carers throughout the Western Isles. They will offer training in manual handling, personal foot care, administration of medication, signposting to other relevant agencies, practical and physical demonstrations, and emotional and social support. This will help carers to feel less isolated and more resilient, allowing them to continue caring for longer.
Scottish Association For Mental Health	Fife	£175,658	This funding will be used to develop green spaces in Auchmuty. The group will use gardening and growing as a vehicle for volunteering, developing skills and bringing the community together. The activity will have a strong intergenerational focus where older people can share their experience with young people. It will benefit 450 in the Auchmuty area by reducing isolation among older people, and increasing the skills and employability of children and young people.
ANYiSO	Glasgow City	£115,440	This group will support and empower African and other BME women living in Glasgow. They will provide drop in sessions and a variety of workshops, including bead making, cloth making, knitting, cooking, and arts and crafts classes. The workshops will be run on a weekly basis and support 300 people to build their confidence and independence, and help them to integrate more fully into the local community.
Glasgow Wood Recycling Project	Glasgow City	£149,932	This group will use its three year grant to work with men who experience loneliness and isolation. They will provide one-to-one support and a range of educational and personal development activities including woodworking courses, confidence and team building events, advice and training. This will help the men who get involved to become better connected and socially involved in their community, and more confident in accessing support and positive opportunities.
Home-Start Glasgow South	Glasgow City	£539,693	This project will support local families with a child of eight years and under who are experiencing challenging circumstances. Families will received one to one support in their home from a trained volunteer and will have the opportunity to attend a range of group activities including English classes and creative play sessions. The organisation will also be able to set up a parents and toddlers group and a ladies group.
Lingo Flamingo CIC	Glasgow City	£66,000	This group will develop their existing service which focuses on giving older people in care homes and day centres across Glasgow the chance to learn another language. The project will target older people affected by or at risk of Dementia and those who are experiencing isolation or loneliness. The sessions, which will include music, touch, scent, feel and taste, will be delivered by a team of trained volunteers. All volunteers will receive specialised training designed to develop confidence and give them a whole new range of skills.
Stepping Stones for Families	Glasgow City	£129,670	This project will work with minority ethnic families in Townhead to address isolation and help them to develop a sense of belonging to the community. The group will put together a programme of Family and Community play programmes, based in Townhead Village Hall where parents and children will work together and then give them opportunities to meet other families who live in the community.

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Broadford and Strath Community Company	Highland	£142,060	The group will be able to set up and run a “Growers Hub” for local people to encourage them to come together and make new friends and get regular exercise in planting and growing their own fresh produce. A programme of horticultural therapy will support people who experience mental health or wellbeing issues. They will also be able to set up a men’s shed which will provide a meeting place, somewhere to learn a new range of skills and take part in a wide range activities.
Ardrossan Community Association	North Ayrshire	£324,645	This project will upgrade the kitchen and café at Whitlees Community Centre. The new facilities will lead to the introduction of a healthier menu and new activities such as coffee mornings, ‘themed’ early evening meals for local adults, and tea dances for people with dementia and their carers. The refurbishment will allow the group to establish itself as a training facility, running cooking classes and offering a wider range of work experience opportunities for local young people.
Motherwell North Parish Church	North Lanarkshire	£150,000	This project will allow the organisation to continue running a wide range of services for local people and families. The current range of activities includes a community café, parent and toddler group, women’s group, children’s athletics club, youth club, health and wellbeing group and a local community bookbug club. The group will also work to develop and change activities according to local needs and requirements.
CAIR Scotland	Perth and Kinross	£194,273	The project will be able to run a programme for local young people aged 14 to 25 years of age who are facing a range of challenging circumstances. The Streets Ahead programme will work with the young people across Perth and Kinross to help encourage them to change harmful and potentially high risk behaviours including drug, alcohol use. The group will also support the young people to set achievable goals and improve relationships and educational and training opportunities.
Coalburn Miners’ Welfare Charitable Society	South Lanarkshire	£100,500	This group will employ a community development worker to create and develop a programme of services and activities which will be identified by the local community. These activities will cover six themes including health and wellbeing, quality of life and employment and skills.
Project 31 SCIO	South Lanarkshire	£83,194	This group will be able to set up and run a three year programme of regular, free play activity sessions for local children in in Whitlawburn and Springhall. Children will be able to take part in a range of outdoor play, sports, movement and music and arts and crafts activities.
Regen: FX Youth Trust	South Lanarkshire	£143,387	This group create the Springhall and Whitlawburn Youth Development Team (SWYDT), a committee of young people who will lead on the co-ordination, design and delivery of youth activities in the area. The newly formed team will be supported in their work which will include training potential youth volunteers and forming connections with local partnership organisations.
Whitlawburn Community Resource Centre	South Lanarkshire	£499,742	The group will be able to refurbish this well used centre both externally and internally which will allow even more local people to use the range of services and activities run from there. The group will also be able to recruit two new staff members to develop a new programme of events.
Aspire2Access	South Ayrshire	£148,907	This organisation will provide a range of opportunities for local people to come together in their local communities through shared interests. The project will reach 600 people giving them opportunities to set up local community groups or become volunteers for local organisations.